

Who Said it?

Super Mr Panda

Text and illustrations © Steve Antony, 2026

Match the speech bubble to the character that said it in *Super Mr Panda*.

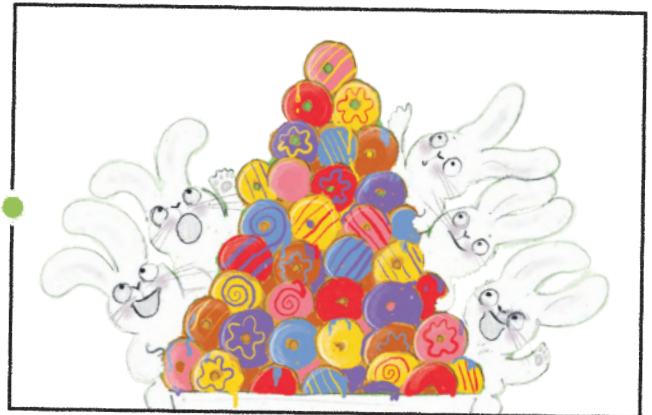


I can't do it!

I'm super stuck.

Help!

We need help.



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Design A Cape

Text and illustrations © Steve Antony, 2026



Design a cape for yourself as a super helper.

brave

friendly

patient

kind

helpful

caring

My superpower is...



SCAN ME

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When you need help, you could say:



Please can you help me?

We don't understand yet.

I'm stuck.

I need a helping hand.

We need help.

I'm finding this tricky.

I can't do this on my own yet.

Please can you show me what to do?

Listen carefully

When you want to help, you could say:



Would you like some help?

Let's ask Someone else too.

Can I give you a clue?

what do you need?

Even superheroes need help sometimes!

Let's work it out together.

Shall we try it together?

I can help, but I won't take over.

I'll listen first, then we can make a plan.



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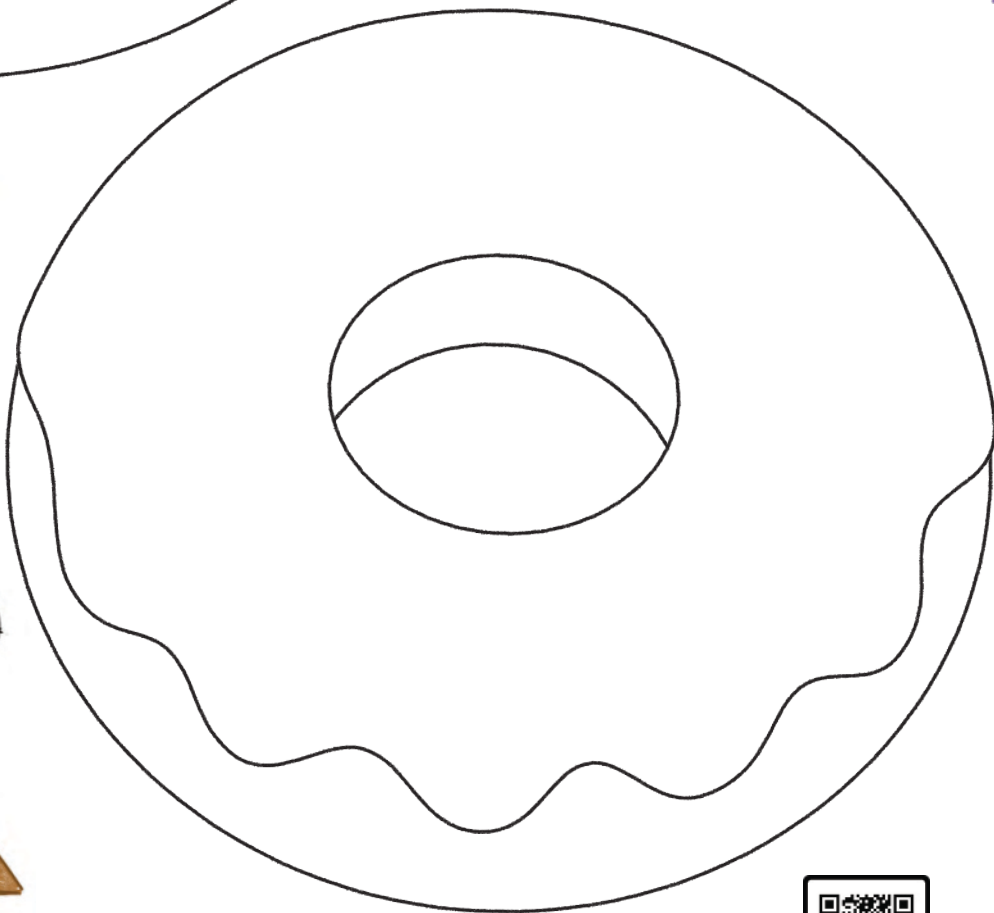
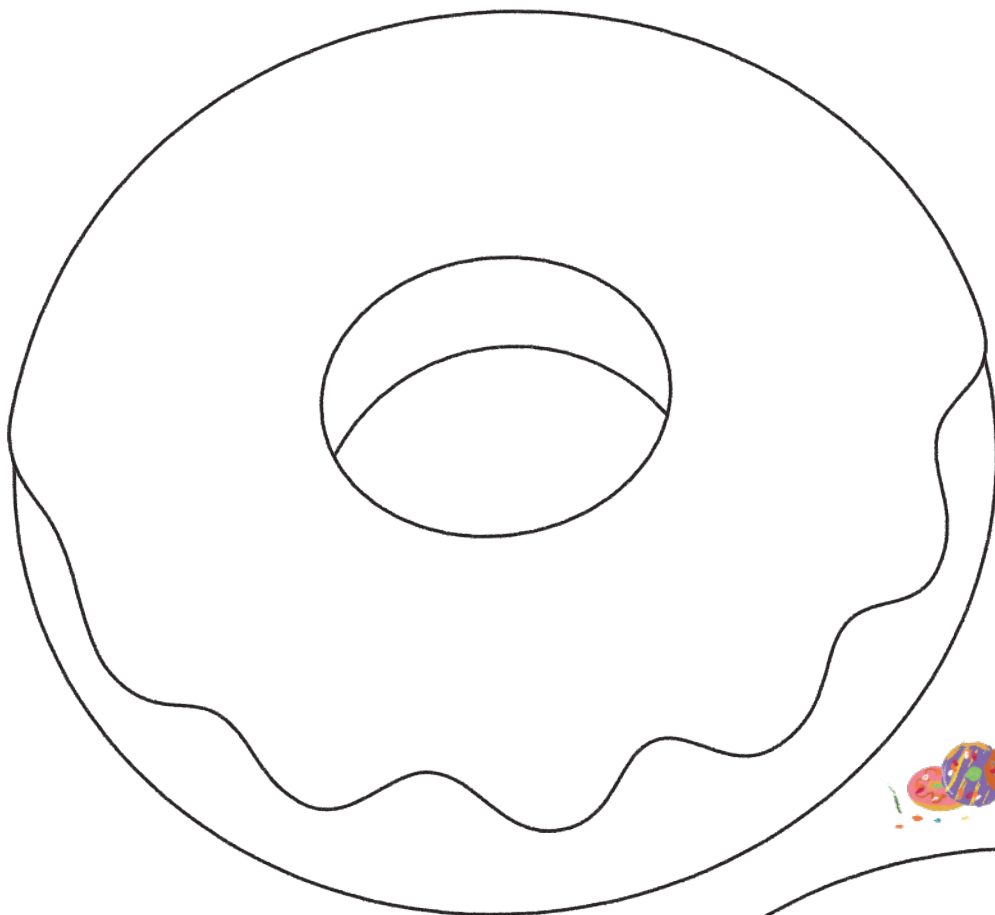


Doughnut Decorating

Super Mr Panda

Text and illustrations © Steve Antony, 2026

Decorate your own doughnuts for Super Mr Panda.



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Helping Hands

Super Mr Panda



Draw around children's hands and ask them to write or draw one way they can help someone.

For EYFS, this could be mark-making or adult-scribed.

For KS1, children could complete a sentence stem.

I can help by...



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Oat Cookie Recipe

Text and illustrations © Steve Antony, 2026



- 85g soft butter (replace with a plant-based butter to make your cookies vegan)
- 1 tbsp golden syrup
- 50g soft brown sugar
- 75g self-raising flour (replace with oat or coconut flour to make your cookies gluten-free)
- 1 tsp vanilla extract
- $\frac{1}{2}$ tsp bicarbonate of soda
- $\frac{1}{2}$ tsp salt
- 75g porridge oats
- 30g raisins

- Line two large trays with non-stick paper and preheat your oven to 180°C/Fan 160°C
- Combine the butter, syrup and sugar in a large mixing bowl and whisk until fluffy and light
- Stir the rest of the ingredients in and beat until the mixture comes together
- Divide your mixture into 12 balls, placing them on the prepared baking sheets. Make sure to leave some space between each ball
- Use your hands to flatten the balls before using the cookie cutter to create the panda bear shapes
- Bake in the oven for 12 minutes. The cookies will be lightly golden once they're ready to come out
- Make sure to leave your Super Mr Panda cookies to chill before placing on a wire rack to cool all the way through
- Optional: Decorate your panda cookies with black and white icing

Make sure to ask an adult for help making your cookies!



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Role-Play Area

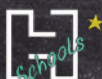
Super Mr Panda

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Character cut outs



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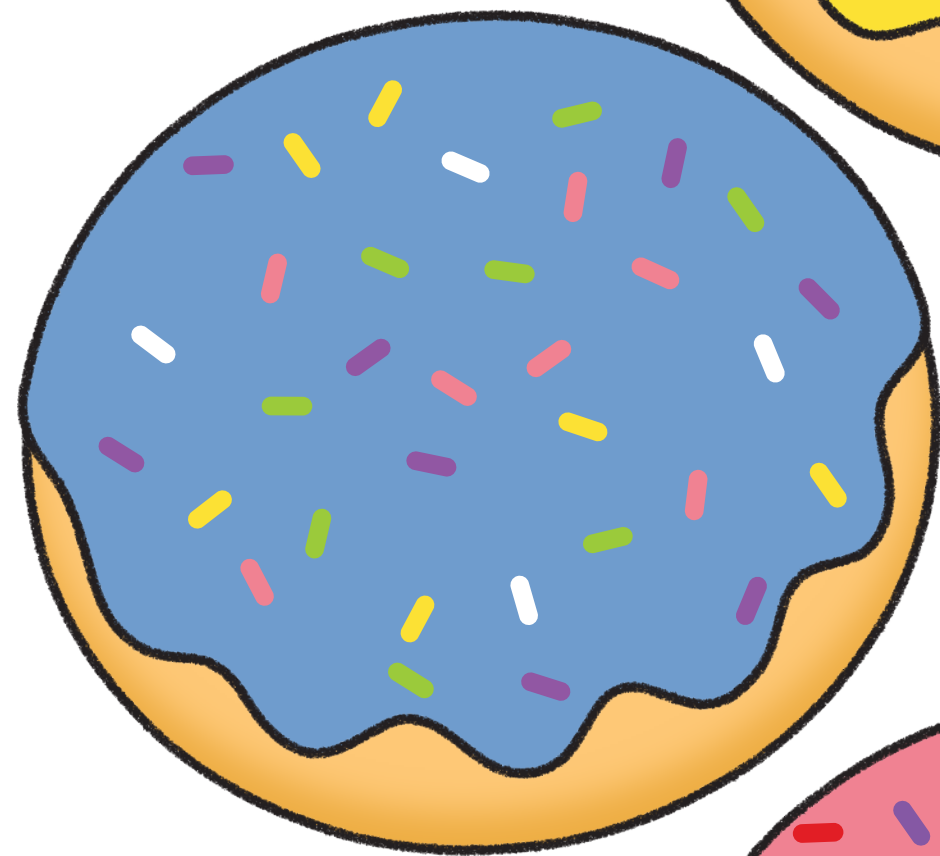
Bake Sale Banner



Bake Sale Banner



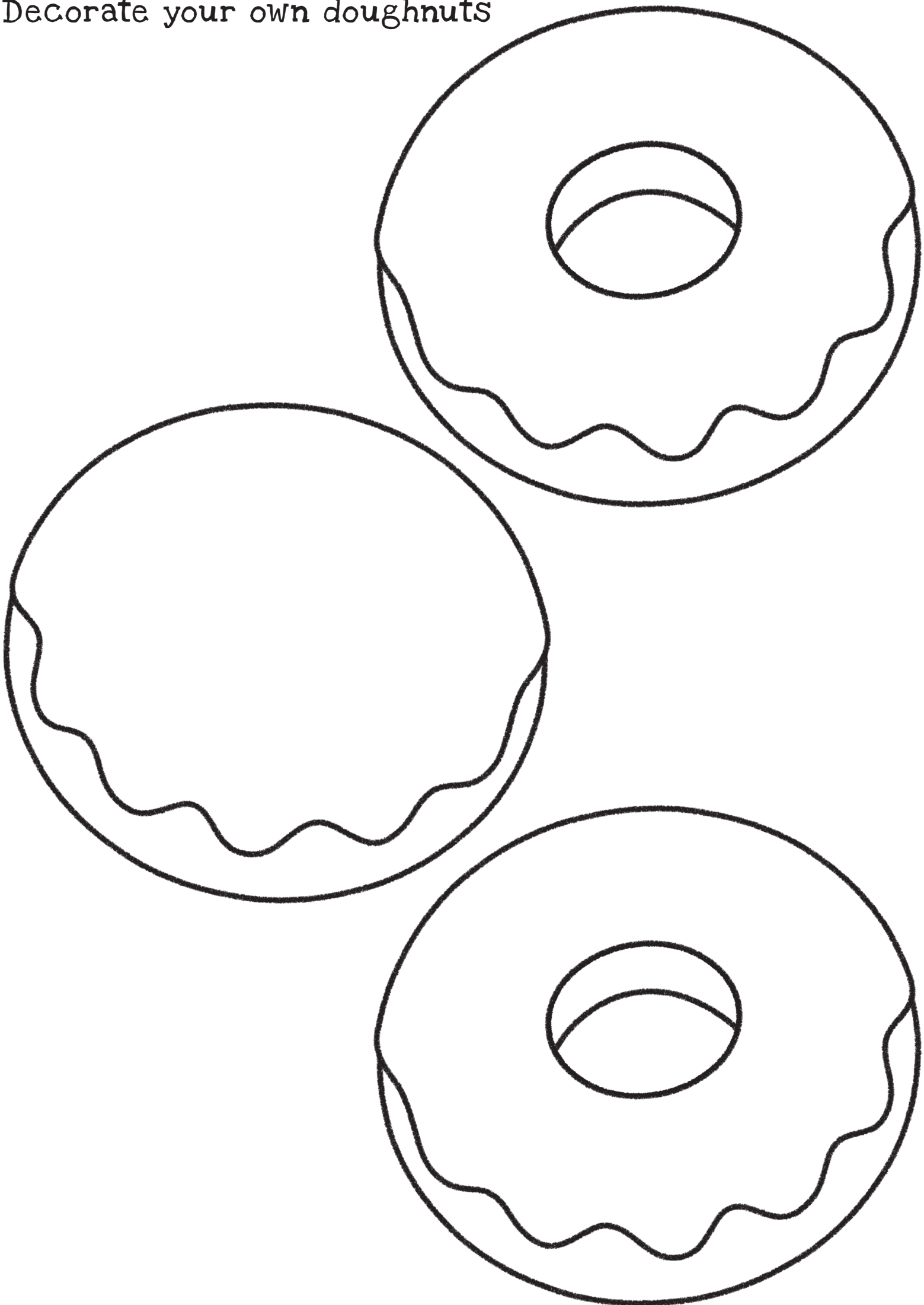
Doughnut cut outs



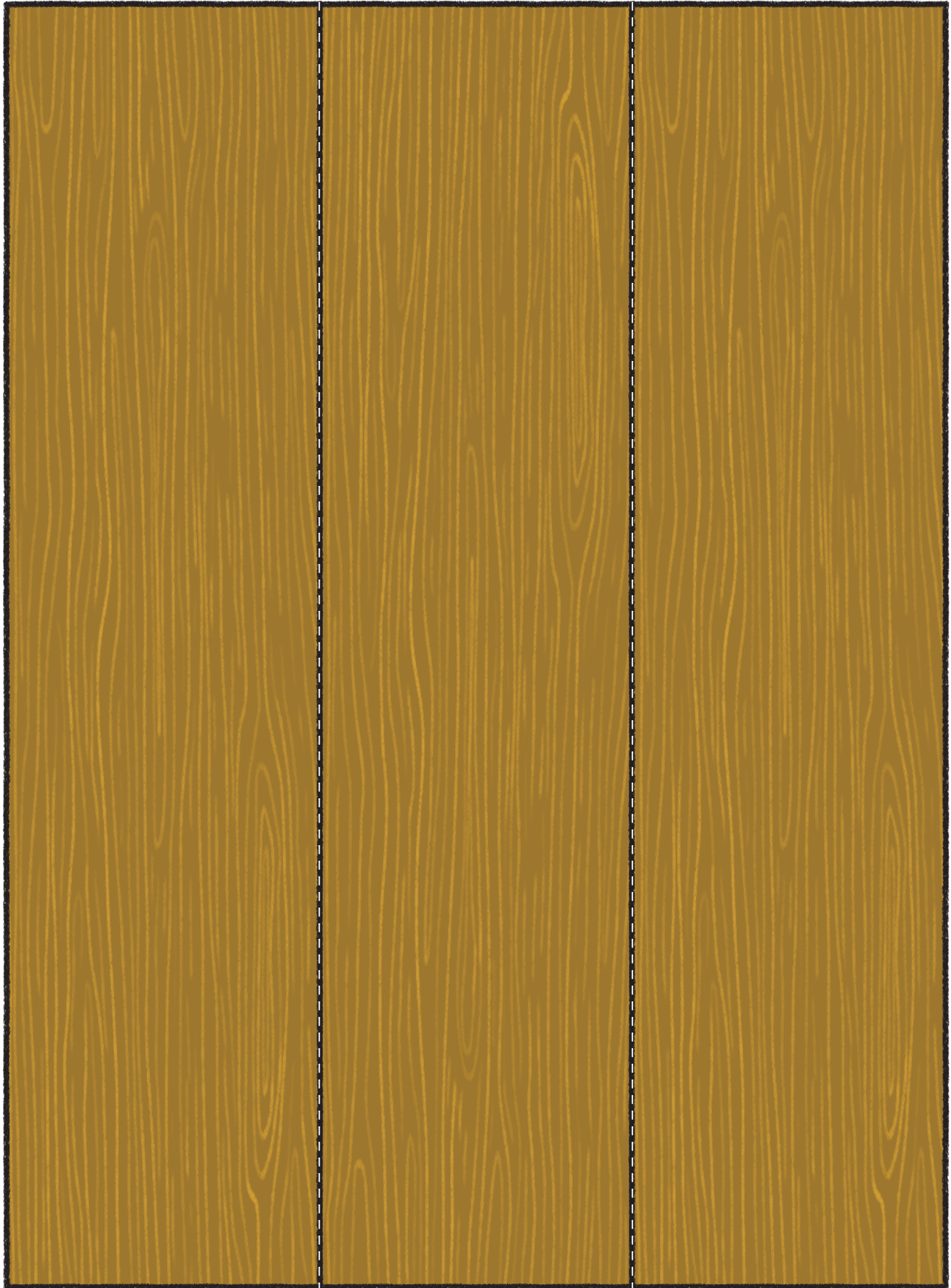
Doughnut cut outs



Decorate your own doughnuts



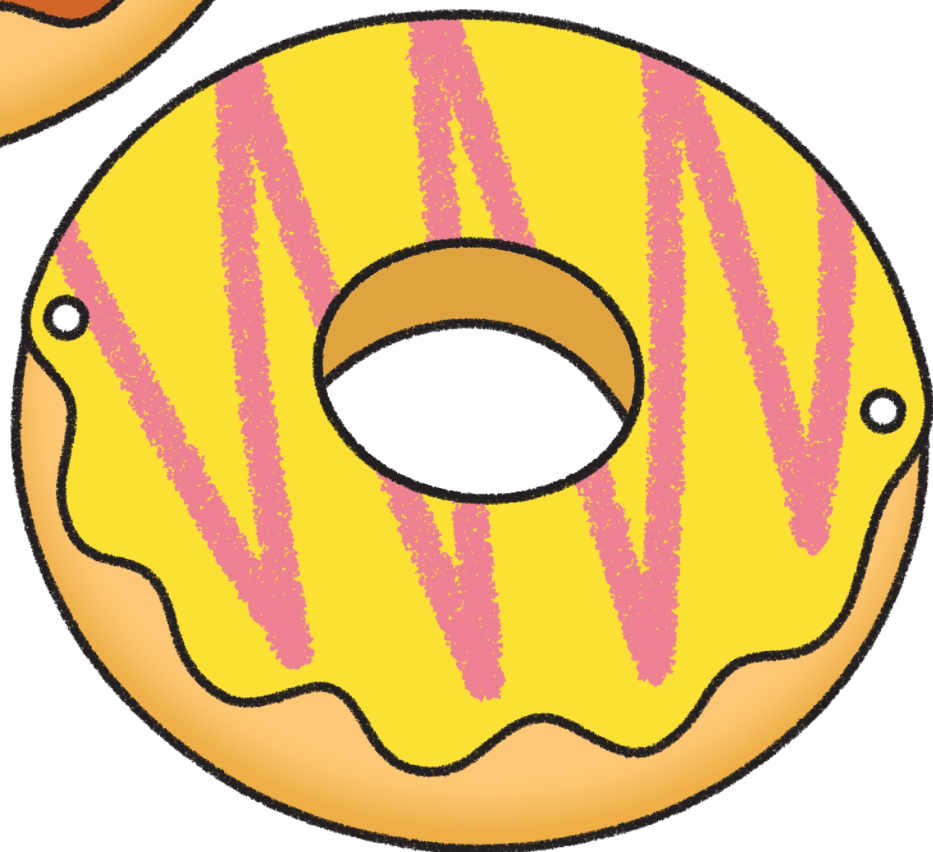
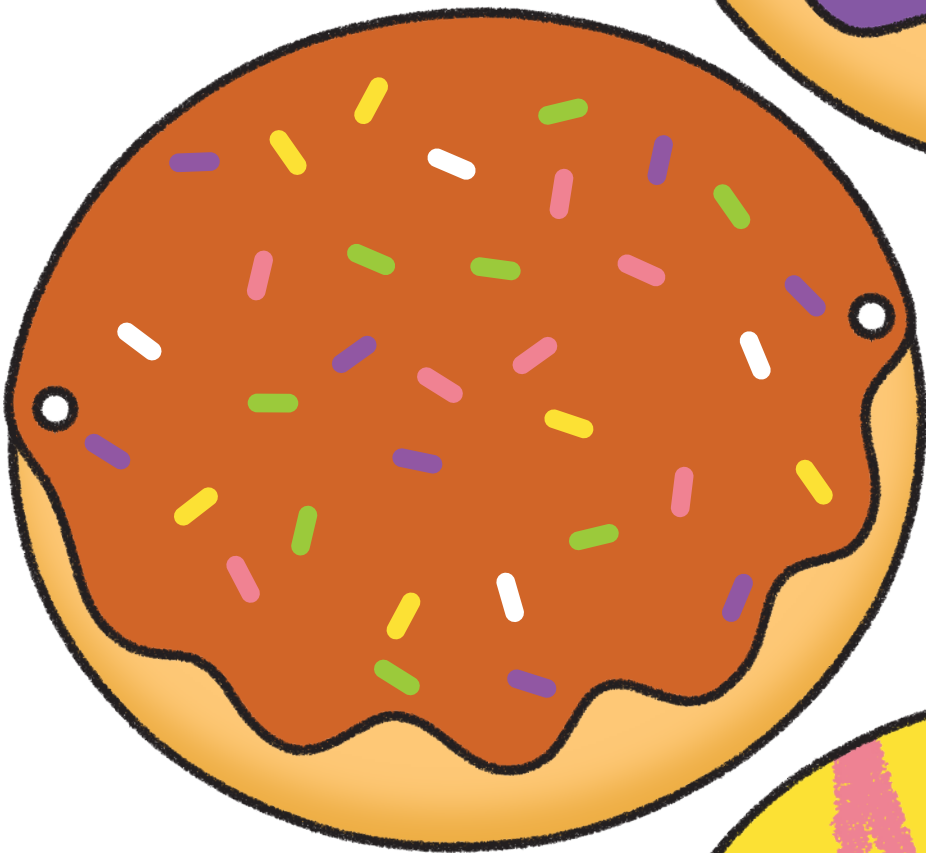
Wooden Stall Borders



Doughnut Bunting



Doughnut Bunting



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Teacher's Pet



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