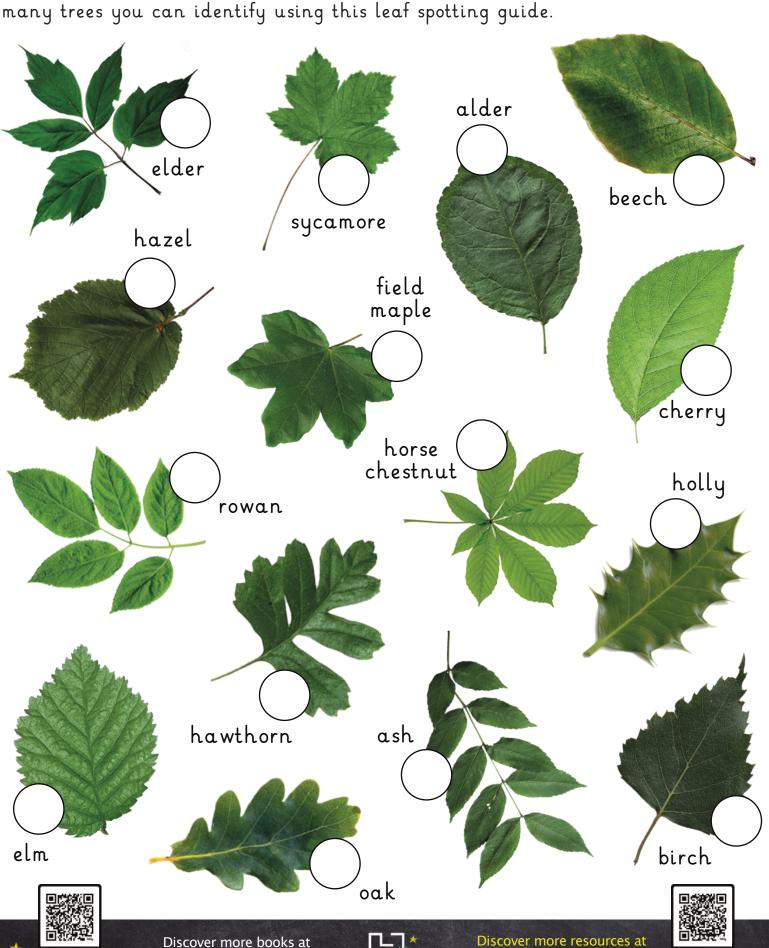
## A TREE IS A **Bark Rubbing** TIME MACHINE After reading A Tree Is A Time Machine by Rob & Tom Sears, go out and take some bark rubbings from different trees you can find. was your favourite? How did you feel when you were tree? bark feel like? Discover more resources at Discover more books at HachetteChildrens.co.uk HachetteSchools.co.uk

# Leaf Spotting



After reading A Tree Is A Time Machine by Rob & Tom Sears, go out and see how many trees you can identify using this leaf spotting guide.



### Mindful Nature Journal



Discover more resources at

HachetteSchools.co.uk

After reading A Tree Is A Time Machine by Rob & Tom Sears, sit quietly outside, notice the world around you, and write or draw what you experience. Use your senses to explore what you see, hear, feel, and wonder about. You should attempt to slow down, reflect, and connect with the natural world - just like a very old tree watching over time!

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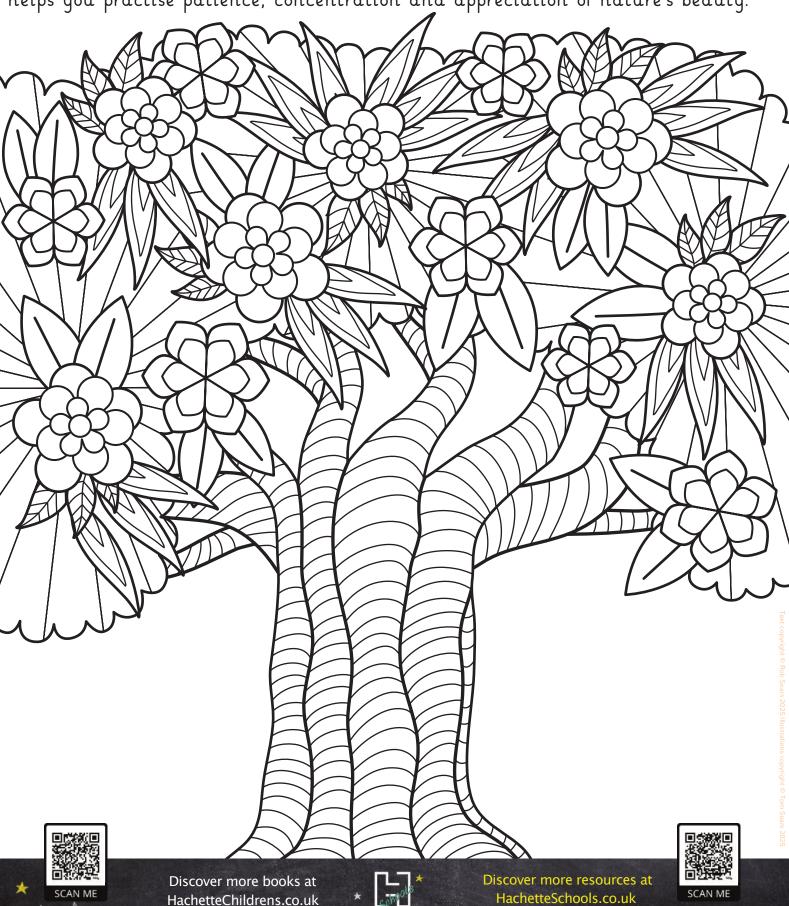
Discover more books at

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## Mindful Colouring



Take a quiet moment to relax and enjoy mindful colouring with this detailed tree illustration. Focus on each branch, leaf and pattern as you add colour, letting your mind slow down just like a tree grows slowly for centuries. This calming activity helps you practise patience, concentration and appreciation of nature's beauty.



# Old Tree Diary



After reading A Tree Is A Time Machine by Rob & Tom Sears, step into the roots of an ancient tree and write a diary entry from its point of view. Describe what your tree has seen, heard and felt over the years, using imaginative language to show how the world around it has changed through time.

Dear Diary,







# Old Tree Diary








Decide when your tree is planted, then add key events - such as its first leaf, a bird's nest, or a big storm - in chronological order with pictures and short descriptions. Create your own Tree Timeline to show how a tree grows and changes over time.

SCAN ME

Discover more resources at

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SCAN ME

Cross out each word as you find it.

D	E	F	0	R	E	S	Τ	A	Т	I	0	N	E	G
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ANCIENT

**DEFORESTATION** 

**LEAVES** 

**BARK** 

**ENVIRONMENT** 

**NATURE** 

BIODIVERSITY

**EUNICE** 

SAPLING

**CENTURIES** 

**GROWTH** 

**TRUNK** 

**CLIMATE** 

**HUMAN** 

WELLBEING







Answers

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