## How to Wash Your Hands with Mr Panda!



First you need soap



Then do the rub-a-dub-dub



Then you need water



Then rinse and dry to finish



When to

Before you eat



After playing outside



After you've been to the toilet



After coughs and sneezes





## Good Habits Wall Chart

S M I washed my hands I said please I said thank you I brushed my teeth I was patient I ate all of my dinner I read a book I stayed in bed until the morning Goal: Reward: Total:

## Mr Panda Colouring Sheet



Activity sheet inspired by Wash Your Hands, Mr Panda by Steve Antony, available now.