

A SUPERHERO LIKE YOU & A SUPERPOWER LIKE MINE

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For ages
5+
KS1/KS2

**LESSON RESOURCES INCLUDING EXTRACTS
AND ACTIVITIES FOR KS1/2 TEACHERS &
LIBRARIANS**

Key Themes

- ✓ PSHE,
- ✓ Literacy, Citizenship,
- ✓ Art, Design & Technology

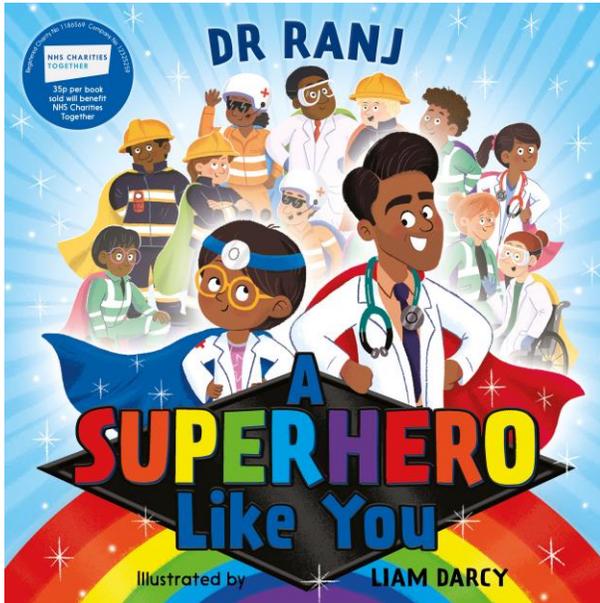
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Resources created by Shapes for Schools



ABOUT THE BOOKS

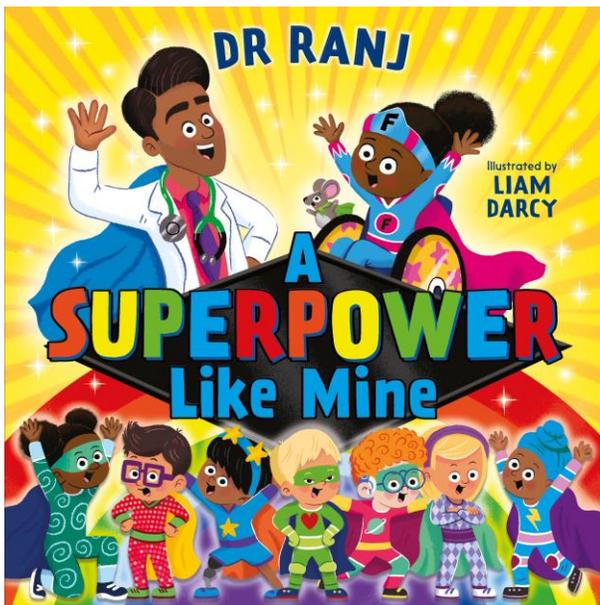


A SUPERHERO LIKE YOU

This uplifting picture book celebrates key-workers, and shows little readers that we all have the potential within us to be superheroes.

Lily knows exactly what she wants to be when she grows up: a superhero! But she's not interested in being a silly superhero. She doesn't want to wear her pants outside her trousers! Lily wants to be a REAL superhero: the kind who helps people and makes the world a better place.

Join Lily as she meets the extraordinary superheroes all around us, from doctors, teachers and air ambulance paramedics to scientists, recycling truck drivers and carers. Discover the amazing work these real-life heroes do using their incredible superpowers of kindness, care and love.



A SUPERPOWER LIKE MINE

An empowering story about seeing the best in others and yourself.

Femi has SUPERPOWERS! But not the superhero kind – she can't really fly or turn invisible. Femi's dad says she has lots of superpowers on the inside that make her special.

From kindness to creativity, bravery to patience – join Femi as she discovers all the special powers that her, her friends, and the incredible people around her, bring out in one another every day.



KEYWORKERS ACTIVITY

Lots of different Key Workers feature in the book, *A Superhero Like You*.
Fill in the table with three things each Key Worker does on a daily basis, and three reasons why they can be called superheroes?

KEY WORKER	WHAT THEY DO ON A DAILY BASIS	WHY THEY CAN BE CALLED SUPERHEROES
DOCTOR		
FIREFIGHTER		
AIR AMBULANCE PILOT		
CARER		
RECYCLING- TRUCK DRIVER		
SCIENTIST		
VET		



LESSON 2: MY SUPERHEROES

Objective: To identify and acknowledge superheroes in the local school or community.

Outcome: A gallery of superheroes; a 'School Superhero Nomination Form' and 'Superhero Awards Ceremony'.

Based on *A Superhero Like You*



"No, Mummy," laughed Lily, "I'm not going to be one of those silly superheroes. I don't want to climb up the side of a building or wear my pants outside my trousers! I want to be a **REAL** superhero – the kind that helps people and makes the world a better place."



Discussion Questions:

- Which superheroes do you know? Are they real or fictional?
- Who does Mum think of when Lily says she wants to be a superhero? Why do you think this is?
- "I'm not going to be one of those *silly* superheroes. I don't want to climb up the side of a building or wear my pants outside my trousers. I want to be a **REAL** superhero – the kind that helps people and makes the world a better place." What does Lily mean when she says this?

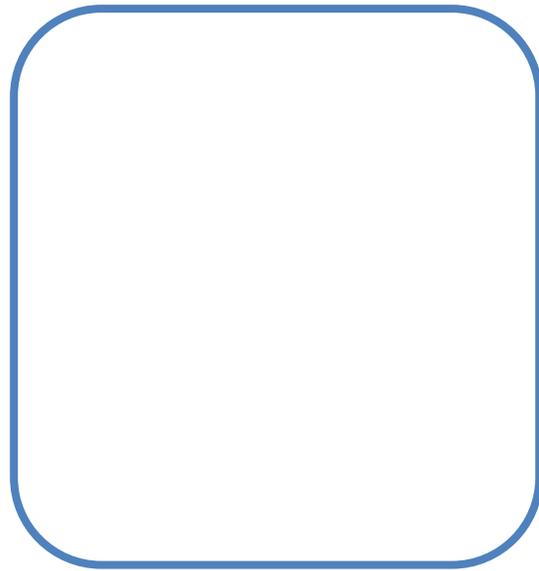
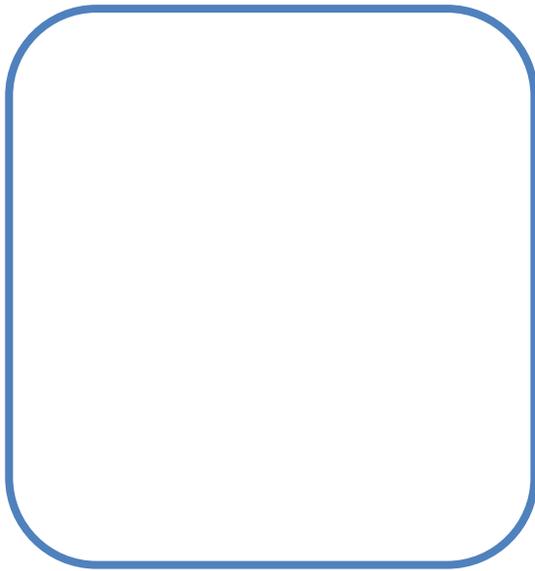


MY SUPERHEROES ACTIVITY

Who are the 'real' superheroes in your everyday life?
Create a gallery of the superheroes in your local school or community. You can include teachers and school staff, people who help you get to school, or even some of your own classmates!

Sketch your superheroes and write a line underneath with their names!

MY SUPERHERO GALLERY





SUPERHERO AWARDS

Create an Awards Ceremony for the Superheroes in your school community. Who would you like to nominate? Can you think of someone you know who is a REAL superhero? Complete the nomination form below describing this person's superhero qualities and the impact they have had on you or on others.

School Superhero Award Nomination Form

I nominate
because

Give out the School Superhero Badges on the next page in your School Superhero Awards Ceremony!



SCHOOL SUPERHERO BADGES

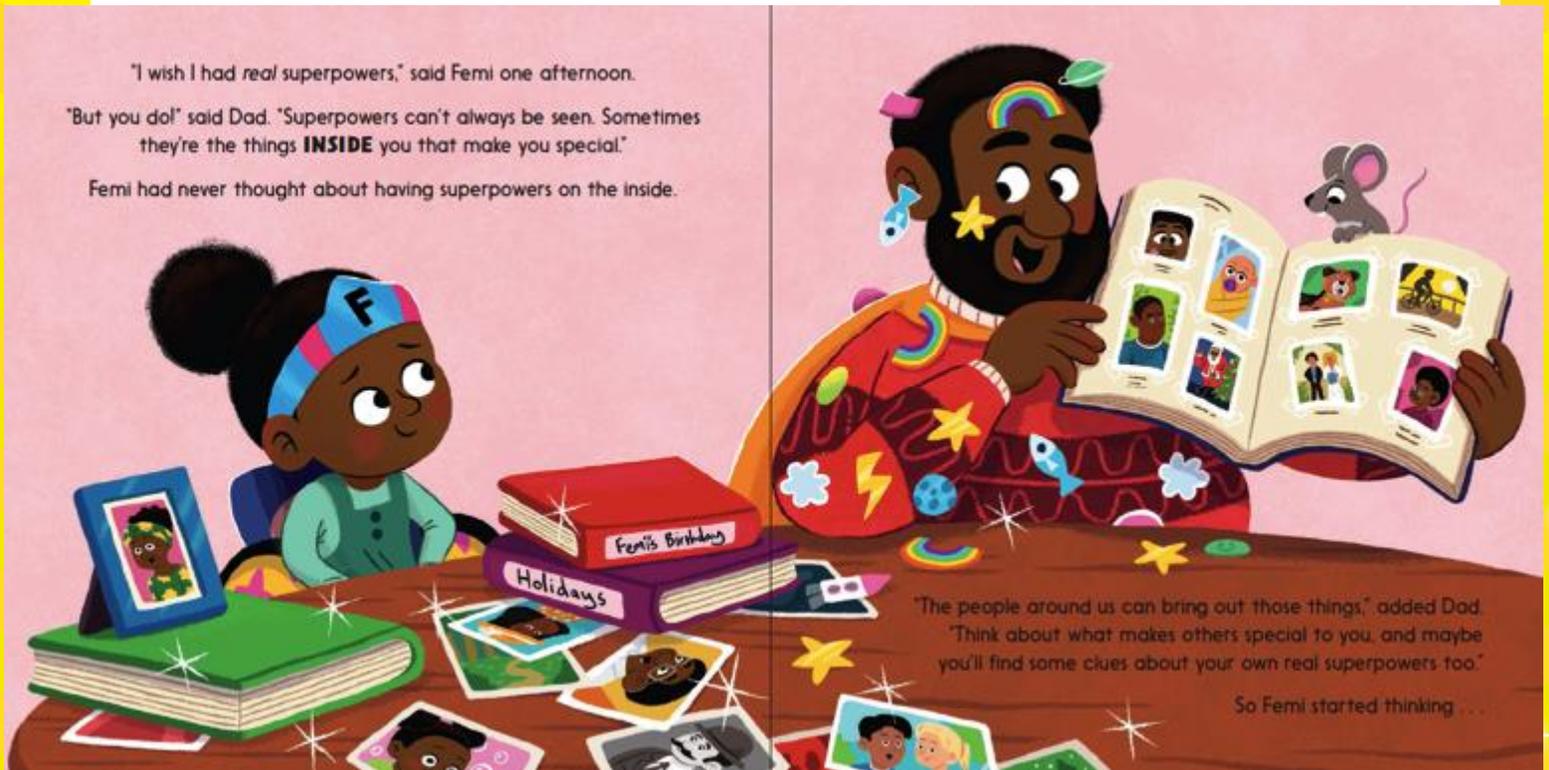


LESSON 3: QUALITIES OF A SUPERHERO

Objective: To explore and challenge preconceived ideas about superhero qualities.

Outcome: A cape and figure annotated with superhero qualities on the outside and the inside.

Based on *A Superpower Like Mine*



Discussion Questions:

- What does Femi wish? Have you ever wished this?
- Dad says that 'superpowers can't always be seen.' What does he mean by this?
- What does Dad tell Femi to do in order to find out her real superpowers?



INSIDE AND OUTSIDE SUPERPOWERS

Consider, if you could be a superhero, what superpowers would you like others to see? Draw a cape in the box on the left and write down your superpowers. Then, after reading *A Superpower Like Mine*, draw a person and write down the 'real' superpowers that feature in the story inside the box on the right

These are the superpowers that can't always been seen; they are 'the things **INSIDE** you that make you special'.

OUTSIDE POWERS

INSIDE POWERS



LESSON 4: MY SUPERPOWERS

Objective: To identify personal superpowers, i.e. a list of unique skills and qualities.

Outcome: A collage of personal superpowers; a Superhero ID Card.

Based on *A Superpower Like Mine*



Discussion Questions:

- What 'best powers' are listed here? Why are these things superpowers?
- Can you think of any superpowers that don't feature in the story, *A Superpower Like Mine*?
- What is Femi's 'very BEST superpower'? What is *your* very best superpower?



YOUR UNIQUE SUPERPOWERS

Draw or write down your own unique superpowers, you can use the powers that feature in the story and are below to help you.

Consider how it makes you feel to write down your own brilliant skills and qualities. Why is this a good exercise to complete?



Superpowers that feature in the story:

**FUNNY; BRAINY; KIND; CARING; IMAGINATIVE; PATIENT; BRAVE;
GOOD LISTENER**



MY SUPERHERO ID CARD

Choose your favourite THREE superpowers from the previous activity and create your very own Superhero ID Card!

MY SUPERHERO ID CARD

Name:

Superpowers:

Official Picture:

