

Teaching Notes & Resources

Key Stages 4 & 5 / Age 13+

Themes: Respect | Consent | Online safety | Relationships

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Step up, speak out and create positive change.

In a world full of negative influences, *LADS* is a toolkit for teenage boys on respect and consent, helping them call out bad behaviour and giving them the confidence to be their best selves.

These introductory activities can be used in RSE lessons, assembly time or in extra-curricular sessions with students aged 13+ to help them start thinking about the ideas and themes in the book.

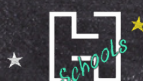
LADS TOOLKIT 1: THAT GUY

Before you start reading, see if you can write down a definition for the useful words and phrases that the author mentions in the book. What do you already know? As you read, add more important words or phrases to the list.

KEY WORD OR PHRASE	MY DEFINITION / WHAT I KNOW ABOUT IT
LAD	
RESPECT	
CONSENT	
TOXIC MASCULINITY	
FEMINISM	
ME TOO	



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Watch the short video that Alan Bissett references on page 14. You can find it [here](#). As you watch, think about the following questions:

- What is meant by the phrase: 'sexual violence starts long before you think it does'?
- Can you list some of the ways that 'sexual violence starts long before you think it does'?
- Who is 'that guy'? Do you see any of your own or your friends' behaviour in the video?
- What is the video asking men to do?
- How and why is the video impactful?

Imagine you are at the party that Alan Bissett describes in the introduction to the book.

OR ELSE YOU COULD WALK INTO THIS: THERE ARE FEWER PEOPLE IN THE ROOM THAN BEFORE, BECAUSE SOMEBODY'S BROUGHT ALONG THAT GUY. HE'S DRUNK AND MAKING INAPPROPRIATE COMMENTS, CRACKING EDGY JOKES THAT ONLY HE THINKS ARE FUNNY, GRINDING AGAINST THE GIRLS WHO ARE DANCING. PAGE 10.

Who is 'THAT GUY'? Have you met him before? Think about the things 'THAT GUY' says and does. Some of them are described in Alan Bissett's introduction and in the video that he helped to create. Note them down in the template below.

THINGS 'THAT GUY' SAYS

THINGS 'THAT GUY' DOES



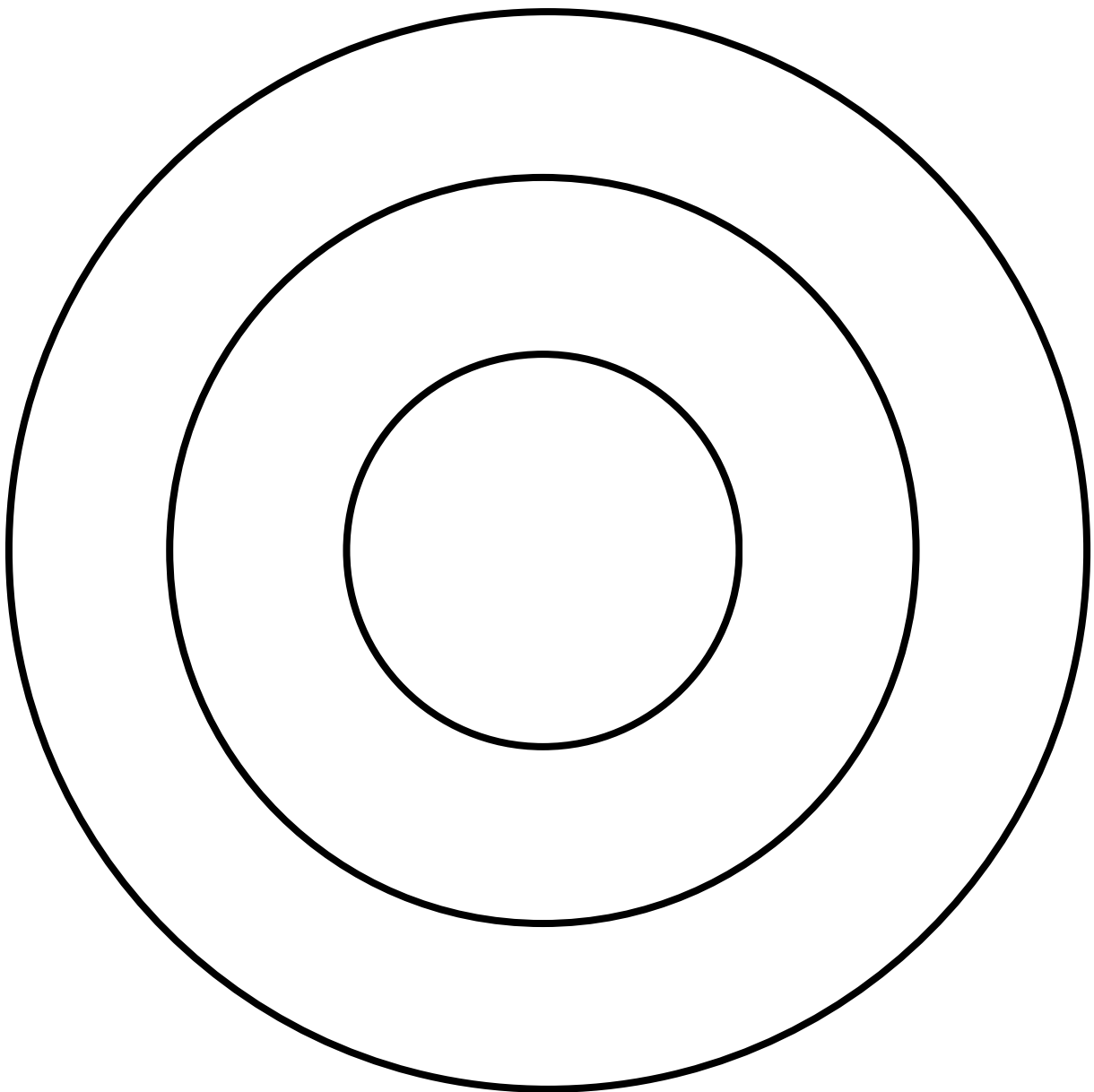


What is the impact of 'THAT GUY'S' behaviour on everyone else at the party (page 10)?

YOU CAN FEEL THE TENSION IN THE ROOM, RIGHT? THE GIRLS ARE UNHAPPY ABOUT IT. PROBABLY SOME OF THE BOYS ARE UNHAPPY ABOUT IT. BUT NO ONE IS SAYING ANYTHING ABOUT IT, BECAUSE THE WHOLE SITUATION IS A BIT INTIMIDATING AND AWKWARD. PAGE 10

In the circles below, show the different ways that other people are affected by 'THAT GUY'S' behaviour.

In the first circle, show how women are affected. In the next circle, show how 'THAT GUY'S' male friends are affected. In the final circle, show how the wider group or wider society are affected.



Why do you think 'no one is saying anything about' the behaviour? Have you experienced this before? What are some of the non-confrontational ways you can call out this behaviour? Make a list of ideas (and add the phrase 'non-confrontational' to your glossary!).

Read pages 181–183. What are some of the ways that you can NOT be 'THAT GUY', and instead have a positive impact on those around you and the wider world?

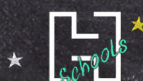
BE A GOOD GUY

- Listen to women and remember to make space for them to talk.
- Try to show you understand their perspective.
- Be on standby for when they need you.
- If in doubt, put yourself in her shoes. How do things look from her point of view? Could this mean an adjustment in your behaviour?
- Don't let your male friends off the hook when it comes to their own actions and speech, which might be damaging to women.
- Retain your sense of humour. Nobody loves a finger-wagging bore.
- If dancing is your thing, then DO IT! It can make a real difference to your mental health. If dancing isn't your thing, then at least try it. You never know; you might enjoy the feeling. If not, then that's OK. Good music on its own is always a solace anyway.
- Identify positive male role models, not only in your life, but in popular culture.



SCAN ME

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SCAN ME

Write a list of positive pledges for yourself to become one of the good guys. What everyday actions can you take? How can you support your friends to become good guys too?

MY POSITIVE PLEDGES TO STEP UP, SPEAK OUT AND CREATE POSITIVE CHANGE:

I will support women by

.....

I will support my female friends by

.....

I will support my male friends by

.....

I will look after my own mental health by

.....

YOU ARE NOT RESPONSIBLE FOR WHERE SOCIETY IS AND FOR ALL THESE AWFUL THINGS THAT HAVE HAPPENED IN THE PAST, BUT YOU CAN HELP MOVE THINGS FORWARD, BY BEING A BETTER FRIEND (TO MEN AS WELL AS TO WOMEN), HAVING STRONGER CONNECTIONS AND SHOWING UNDERSTANDING. PAGE 181

Finally, how would you like to re-define the word 'LADS'? What would you like this word to really mean? What positive connotations would you like it to have?

Re-define the word here:

LADS



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