

Incredible Journeys: Discovery, Adventure, Danger, Endurance

Levison Wood | Illustrated by Sam Brewster

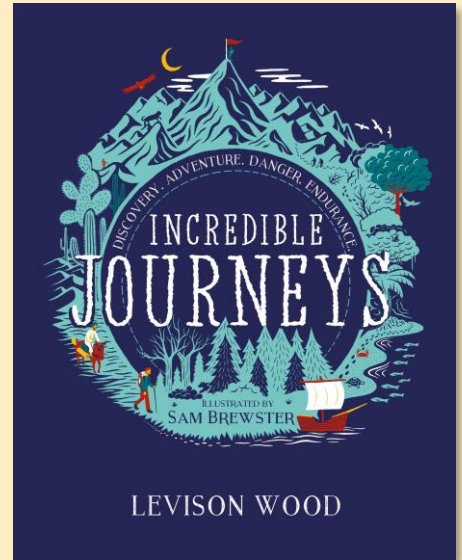
EXTRACT AND NOTES FOR KS2 TEACHERS

Introduction

The extract included in this Teachers' Pack has been taken from the beautifully illustrated new book, *Incredible Journeys: Discovery, Adventure, Danger, Endurance* – written by real-life explorer Levison Wood with wonderful artwork by Sam Brewster.

The visual included in this pack is accompanied by corresponding discussion questions and activities linked to the inspirational stories of men and women who have embarked on incredible journeys around the world.

Inspire pupils ages 9–11 to begin their own incredible journey...



9781526360434 HB £14.99

About the book

Alongside real-life explorer Levison Wood, travel around the world, meet some of history's most daring pioneers, and be inspired to go on your very own adventures!

Embark on 20 epic expeditions alongside Levison Wood, from the Silk Road and medieval pilgrimages to the Holy Land to Nellie Bly's trip around the world, and recent missions to the Moon and the Mariana Trench. Along the way, Levison Wood shares his own insights into adventuring, telling you what it's REALLY like to follow in the footsteps of Alexander the Great.

Who knows where
your inspiration
will take you?



These resources have been produced
by Shapes 4 Schools.

Incredible Journeys: Discovery, Adventure, Danger, Endurance

PRE-READING: QUESTIONS AND REFLECTION

What sorts of journeys do you do on a daily basis?

What would you consider to be an extraordinary OR incredible journey?

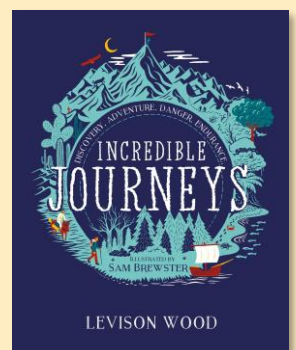
Can you think of any special journeys that you have done or that you've heard of?

Can you think of any important journeys of discovery throughout history?

Name some places in the world (or *out* of this world!) that you'd like to travel to.

Consider what a journey would be like to the following places: **The Top of a Mountain; The Moon; The Bottom of the Sea; All Around the World!**

Draw an image to represent your thoughts about each.



MOUNT EVEREST

THE ULTIMATE PEAK

Mount Everest, the tallest mountain in the world, doesn't stand alone. It is surrounded by other massive peaks, one of which I attempted to summit: Meiq Peak. We had to turn back because some of the team got frostbite, which can lead to you losing whole fingers or toes. So I am in awe of a young New Zealander named Edmund Hillary who, in the spring of 1953, joined a British expedition attempting to summit Everest. He'd been obsessed with climbing since school and was fascinated by the idea of scaling the world's highest mountain. It wasn't long before the expedition set off across the shifting ice, navigating 200-m-deep crevasses, as Hillary forged a route through the challenging terrain.



SUMMIT

5 At altitude, there is less oxygen in the air for the lungs to breathe, which makes climbing exhausting. The final hurdle Hillary and Norgay faced was a sheer rock face with steep cliffs on either side. They scrambled up it until, at last, they were standing on top of the world at a height of 8,848 m.

CAMP VII



CAMP VI B



CAMP VI A

CAMP V

CAMP IV

CAMP III

CAMP II

CAMP I

2 The explorers built many camps on the side of the mountain so that they could come back to the safety and shelter of their tents if the weather got bad.



1 In the 1950s the climbers had basic radios and aviator sunglasses. The gear mountaineers take today is very different! However, ice axes, which are used to create a firm hold in the ice, have hardly changed in shape – though they are made from lighter metals these days.



LOCATION MAP

6 Hillary couldn't have imagined the fame and fortune conquering Everest would bring. And, for the first time, the glory was shared between explorer and guide – Norgay was flown to Britain, and the pair were welcomed as heroes.

A VERY DIFFERENT CHALLENGE

22 years after Hillary and Norgay reached the summit, a Japanese mountaineer named Junko Tabei followed in their footsteps to become the first woman to climb Everest. Tabei's challenges started long before she reached base camp. When she and her team of female climbers started looking for sponsors for their expedition, they were told they should be raising children instead. Then, as they made their ascent, Tabei's team were hit by an avalanche, and Junko was buried under four other mountaineers. Incredibly, nobody died – and 12 days later, on 16 May 1975, Tabei conquered Everest.

4 On the morning of their attempt, Hillary and Norgay woke up early to find Hillary's boots frozen solid. They lit the stove and waited two hours for them to thaw – valuable time lost because the sun melts snow during the day and causes avalanches on Everest.



3 The leader of the expedition paired Hillary with a local Sherpa guide called Tenzing Norgay for his summit attempt. It was the start of a lifelong friendship.



BASE CAMP

Incredible Journeys: Discovery, Adventure, Danger, Endurance

DISCUSSION QUESTIONS

What do you think it would be like to climb to the top of a mountain? How would you feel to reach the top?

Why is it considered 'incredible' to climb a mountain like Everest? List three reasons.

What challenges would you face on this type of journey?

What sorts of things might you discover on this type of journey?

What does the word 'summit' mean?

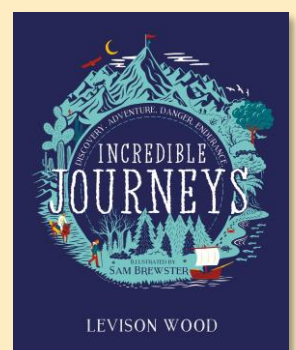
How do you interpret the illustration in the circle at the bottom left corner of page 58? What sort of 'thoughts' do you think the men might be having here? What have they achieved? Create a speech bubble for each of the two men pictured with the possible thoughts they might have.

Mount Everest is situated in which continent?

How high is Mount Everest?

What sort of qualities do you think Edmund Hillary and Tenzing Norgay must've had in order to climb Everest?

What do you think motivates people like Hillary and Norgay to climb the mountain, even though it is so dangerous?



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ACTIVITIES

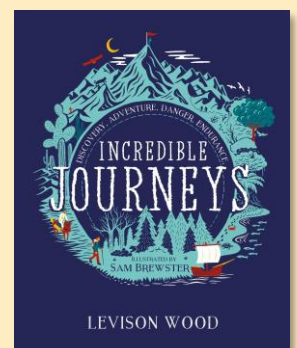
1: Create a Discovery Fact File for Everest. Where is it? What is it like? What is the climate? What species of animal live there?

2: Imagine that you are either Edmund Hillary or Tenzing Norgay, standing at the top of Mount Everest. Write a diary entry explaining what you can see and how you feel. Use the illustrations on pages 58–59 of *Incredible Journeys* to help you!

3: In pairs, carry out interviews with Edmund Hillary and/or Tenzing Norgay. Ask each of them questions about their motivations, their challenges, their achievements and their discoveries.

4: Create a Survival Guide for anyone considering climbing Mount Everest. Include information about the different dangers that they will face, along with tips for how to stay as safe as possible.

5: Come up with an Incredible Journey that you would like to embark on one day in the future. Write a plan of action for how you will complete your journey. Use the template on the next page to record your ideas!



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My Incredible Journey

I have chosen this journey because

.....

Map/route:

Things to consider:

Possible dangers/challenges:

.....

Things I'll need: [draw what you'll take with you]

People who will come with me:

Time frame:

Goals:

.....

