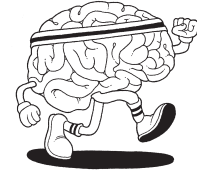




My AWESOME SOME Journey



Tell us how you've been inspired by *You Are Awesome* and you could win a visit from author Matthew Syed!

From understanding the power of practice, to learning from your mistakes, *You Are Awesome* shows how you can change your mindset and set off on a journey to achieve (almost) anything.

We want to hear how YOU have challenged yourself and used the techniques in *You Are Awesome*, whether that's trying something new, taking yourself out of your comfort zone or pushing yourself to be the best you can be at something you're passionate about.

Remember, it's ok if you didn't succeed! The path to Awesome is about learning from your mistakes and trying again.

Describe the situation - what did you want to achieve?

How did you change your mindset and approach the task differently after reading *You Are Awesome*?



What was the outcome? Describe what you learnt from the experience.

Large dotted-line box for writing the response.

Entry information: You can enter as a class, group, club or individual, the winning entry receives a visit from Matthew Syed to their school or club. All entry forms must be signed off by a teacher, parent or guardian to qualify for entry. *Terms and Conditions apply.

The competition closes at midnight 15th February 2019. UK only. Please visit www.MyAwesomeJourney.co.uk for the full terms and conditions.

Name: _____ School, group or club name: _____

Who is entering? Class Group/Club Individual

Signed by: _____ Teacher Parent Guardian

I have read the full terms and conditions at MyAwesomeJourney.co.uk